

Better food from the microwave with the 'Micro Balancer' crop circle

The quality of food from a microwave has long been in question. Not only the nutrients are negatively affected but also the amount of life energy. It is possible to harmonize and to improve the energy of food with a crop circle, which you place under the microwave.

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More angry by microwave food

A microwave oven is a kind of oven in which microwaves are used to heat or cook food. Food, like all matter, is made up of molecules. These molecules move. We perceive the energy of movement of molecules as the temperature of the food. Hot food contains faster moving molecules than cold food. The molecules of water, sugar and protein react to the microwaves of the microwave. They start moving faster so that the food warms up and finally boils. Since the 1980s, microwave ovens have been increasingly found in kitchens. The quality of microwave foods has been in question ever since. For example, scientific research shows that vitamin B12 in meat, milk and cheese is changed to inactive B12 by microwave radiation. Thus, the nutritional value of the food decreases. It is also known that some plastic boxes in the microwave oven release molecules, allowing toxins to enter the food. Swiss physician Dr. Hertel conducted research on microwaves and published his results in 1991. He found that there were more leukocytes in the blood of people who had eaten microwave foods. Leukocytes are white blood cells that play a role in the immune system. In other words, the body triggered the immune system to eliminate toxins from the microwave food. People who eat a lot of microwave foods are said to get more angry. They are restless, fidgety and often stressed. This is because the structure of the food deck and the vibrational frequency of the molecules is changed. Microwave ovens not only make the molecules move faster but also change their direction of rotation. This is the main reason why food from microwaves loses its vitality value. All substances vibrate and especially living matter. Changing the direction of rotation of molecules kills living food.



Crop circle 'the Micro Balancer'

Less life energy

The story above was known in the former Soviet Union. The microwave was therefore banned in 1976. One of the reasons was that microwaved food causes degeneration in the human brain. Another reason was that the life energy of people and animals who eat microwave food decreases sharply. The ban was lifted during perestroika. The negative influence of the microwave on the quality and life energy of food was confirmed in 1996 by Wageningen University in the Netherlands. The study examined the nutritional quality of organic foods prepared in the microwave, on gas and on an induction hob. The effect of gas and induction cooking on food quality was comparable. The microwave scored the lowest, especially in the 'appearance and life energy' section. The energy of products cooked on an induction plate was the

best, followed by gas. Microwave products had the lowest energy. I was closely involved in this research because I had trained the team of researchers from the Department of Ecological Agriculture who made these energetic observations. The appearance of a healthy product is great and the transitions in the radiation layers are soft and smooth. In contrast, the appearance of an unhealthy product is small and the transitions are hard and sharp. This was clearly the case with microwave products.

It is there, but not yet

In the spring of 2012, the owner of a daycare center asked if I knew anything to improve the stressed appearance and low life energy of microwaved food. There were many children in the daycare center with different types of food. She could see how the nutritional quality was negatively affected by the microwaves, but unfortunately there was no other way to heat up so much food at the same time. Her question immediately appeals to me. Years earlier I had received a similar question about harmonizing cell phone radiation. I developed a 'sticker symbol' for this purpose, which still serves us well, but I immediately knew that this symbol was unsuitable for the microwave. As I focused on the microwave symbol, a voice unexpectedly sounded in my head saying: *"It's there, but not yet."* I didn't understand the message and didn't pay any attention to it. I immediately got to work: the symbol had to work, be easy to use and also look 'simple'. So no strange signs with all kinds of tires, but something that you could place anywhere, without it immediately being noticed and raising all kinds of questions.



The 'Micro Balancer' appeared on 2012.08.11, South of England, near Bishops Cannings.

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In the weeks that followed, all kinds of symbols came to mind. I drew shapes, colored them and searched the internet for 'the remedy'. My attempts were without success and I kept hearing clearly in the back of my mind: *"It is there, but not yet."* How so? I didn't understand it. When the owner asked at the end of May 2012 if I had found the solution, I had to disappoint her. It remained that way in the following months. All attempts were fruitless. I went on holiday and my search faded into the background.

A gift from the crop circle makers

Back from vacation, I spoke to her again at the end of August 2012. *"And?"* she asked desperately. I was shocked, because I had completely forgotten her question, but immediately flashed through my mind: *"It's there!"* I immediately understood what *"it"* was; the symbol was a crop circle!

I have known about crop circles since 1994 and since then their images have been a permanent part of the energetic tool kit of every ECOintention Practitioner. The energy of crop circles is fantastic and incredibly complex. It can be used for all kinds of purposes. It is also certain to me that these beautiful formations -some of which are more than 200 meters in diameter and consist of more than 400 circles- are not made by humans, but by other 'beings'.

It had always been said: 'It is there, but not yet', because the 'microwave crop circle' had not yet appeared when I started my search. By now it was there. I immediately went to www.cropcircleconnector.com and started searching for the crop circles from August 2012. There were several, even very beautiful and complex, but I remembered that the symbol had to be simple. My eye then fell on a round crop circle, which at first glance looked simple, but on closer inspection it turned out to consist of a complex pattern of waving wheat. The crop circle fell on August 11, 2012 at Stone Pit Hill near Bishops Cannings in Wiltshire, southern England. I spontaneously named him the 'Micro Balancer'.

I was happy and grateful that the crop circle makers had heard my question and sent this symbol. A great gift! In ECOintention we work a lot with the energy of crop circles, but this form of collaboration was new to me!

Experimenting with the 'Micro Balancer'

However, *the Micro Balancer* still had to prove that it worked. Could the crop circle image improve the energetic quality of microwaved food? At the Center for ECOintention in Marl, Germany and in the various ECOintention courses of 2012 and 2013, we did an

Instructions for using the 'Micro Balancer' crop circle

- *Print the last page of this article on a blank, white A4.*
- *Place the paper under your microwave with the image of 'the Micro Balancer' crop circle facing up.*
- *Switch on the microwave and heat the food as directed.*
- *That's it. Enjoy your meal!*

You don't have to remove the Micro Balancer. It can be left under the microwave. You can also cut out the Micro Balancer and laminate it. The Micro Balancer should always be placed face up, approximately below

experiment that everyone can repeat at home. First we heated a glass of tap water in a microwave for two minutes and then observed the radiance and measured the energetic values. Compared to the emission of untreated tap water, the emission of microwave water was much smaller and the transitions in the emission were completely full of so-called negative oranur; a razor-sharp energy that even hurts the hands of many people. The other energetic readings such as Bovis, poa and orgone also decreased alarmingly due to the microwave.

We then placed the 'Micro Balancer' under the micro wave and repeated the experiment with a new glass of tap water. The result was astonishing: the radiance and energetic readings of this Micro Balancer water were larger and higher than the microwave water. The radiance felt very harmonious. The transition layers were soft and smooth. The radiance and energy of the Micro Balancer water were even better than the untreated tap water. We have repeated this experiment many times with different tap water, other microwaves and other people, each time with the same positive result.

The owner of the daycare center has now been using the Micro Balancer for more than a year with great pleasure and success. I haven't eaten food from a microwave since 1996, but I do again now that the Micro Balancer is under the microwave in places where I sometimes eat on the go. The nice thing is that I no longer know who and where it is. So it is a kind of 'blind study' when the food appears steaming on my plate. Is it prepared with or without a Micro Balancer? The result is unambiguous every time; you immediately feel and taste the Micro Balancer energy and afterwards my entire digestion is not turned upside down.

Enjoy your meal!

Obviously, microwave food is not suddenly 'holy', now that there is a crop circle that can harmonize the energy. The effect of the Micro Balancer on the energy of the food is striking, but we have not (yet) investigated the effect on the nutrients. That would be interesting!

There is nothing better than real and honest food from organic products, prepared with heart and soul, cooked on your own stove. Enjoy your meal! But if you are ever caught in the hectic pace of everyday life with a hungry stomach and the microwave is your only escape, you know that you can easily improve the energy of your meal. I would like to pass on the Micro Balancer because it is a beautiful and practical gift. And next time a voice sounds in my head again, I will definitely listen to it more closely.....

We would like to hear your experiences with the Micro Balancer. You can email them to info@ecointention.com Many thanks in advance!

